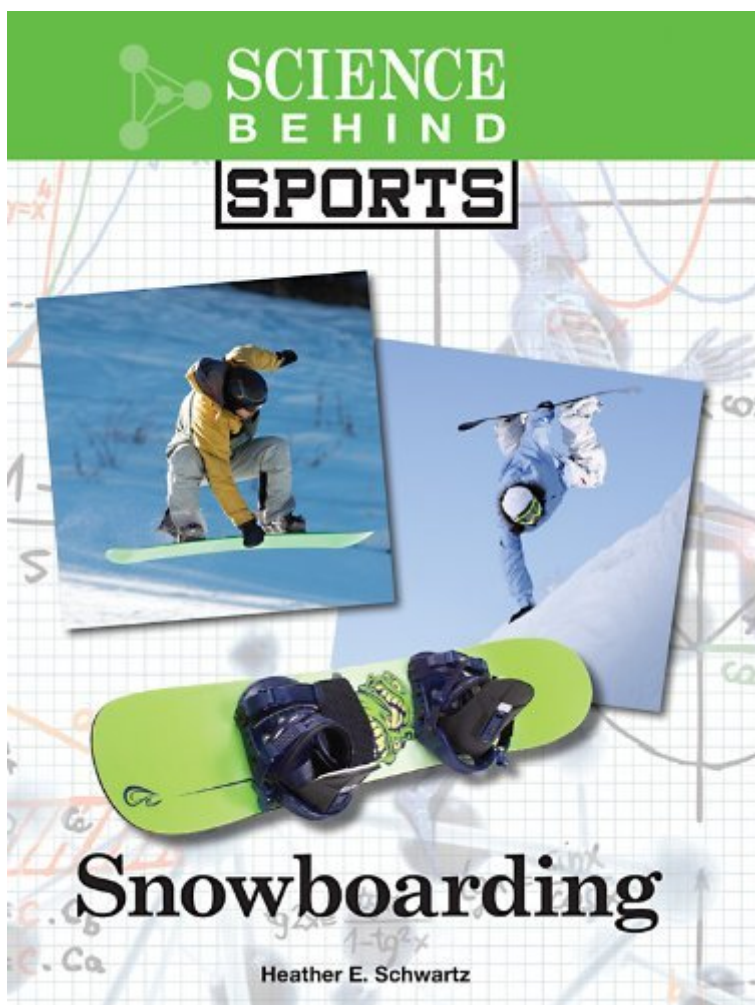




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Synopsis

Books in this series explore the scientific principles behind some of the most popular team and individual sports; basic physical science concepts are explained in an engaging and accessible manner.; ; Each volume in the series focuses on one sport and opens with a brief look at the featured sport's origins, history and changes to rules, equipment, or techniques. Subsequent chapters cover the biomechanics and physiology of playing, related health and medical concerns, and the causes and treatment of sports-related injuries. The full-color text is augmented by fact boxes, sidebars, photos, and detailed diagrams, charts and graphs. In addition, a subject-specific glossary, bibliography and index provide further tools for researching the sports and concepts discussed throughout the volume.

Book Information

File Size: 4276 KB

Print Length: 128 pages

Publisher: Lucent Books Inc; 1 edition (February 15, 2011)

Publication Date: February 18, 2011

Language: English

ASIN: B00MMP70I6

Text-to-Speech: Not enabled

X-Ray: Not Enabled

Word Wise: Not Enabled

Lending: Not Enabled

Enhanced Typesetting: Not Enabled

Best Sellers Rank: #3,711,740 Paid in Kindle Store (See Top 100 Paid in Kindle Store) #44

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